

Award Winning International Cosmetic Tattoo Specialist

Cosmetic Colour Tattooing - Scar Camouflage

Aftercare Instructions

Thank you for allowing me to perform your cosmetic tattoo treatment today. I would like to explain some of the things you will notice after having your treatment done and outline the aftercare necessary to look after the treated area.

Please read and follow your instructions carefully.

PROTECTION OF YOUR NEW TREATMENT IS VITAL!

An "aftercare pack" is available for purchase following your treatment and each pack is specifically designed to care for the individual area treated. You will also need to purchase a tube of Bepanthen Antiseptic Ointment from your pharmacy. It keeps the treated area moist during the healing period which is vital to help the tattooed area retain colour.

Never leave home without your Bepanthen Antiseptic Ointment – otherwise your treated area will dry out and scab.

GENERAL INSTRUCTIONS

1. The area tattooed will initially be swollen, tender, slightly red and weeping. There may also be bruising. It is important to gently 'blot' the skin with a clean moist wipe or tissue (provided in your aftercare pack) to remove the excess fluid that will form over the tattooed skin. **DO NOT** wipe or rub the area.
2. The first thing to remember, is that for the first 2-4 weeks after your treatment the area tattooed will appear darker in colour while the healing process takes place. Do not worry, the colour will fade over the following few weeks.
3. Do not apply any makeup to the tattooed area for 7 days. Do not directly wet/soak the tattooed area for 7 days.
4. The area tattooed will feel dry, tight and slightly itchy for several days once the moist weeping skin has started to heal. Do not pick or scratch the tattoo at any time as this will physically remove areas of the colour and lead to patchiness of your tattoo or even scarring of the skin. Picking or scratching can also introduce bacteria and infection into the area treated. The tattooed skin should be allowed to heal fully and shed away naturally.
5. Try to keep hair away from your face, avoid putting your fringe over your eyebrows for 7 days as this could introduce dirt and infection. Remember to tie hair back in a ponytail at night while sleeping.
6. Do not sunbathe, use sunbeds or solariums for 4 weeks after your tattoo treatment and after this time you should apply a complete sunblock over the tattooed area to protect it from fading with the UV light and wear sunglasses to protect eyeliner.
7. Avoid swimming in chlorinated pools for 4 weeks as it may fade or alter the colour of the tattoo and after this time protect the tattooed area by apply a smear of waterproof ointment such as Vaseline or Bepanthen.
8. Do not use AHA, BHA, Vit C or any other acidic skin care products over the tattooed area as they will fade or alter the colour of the tattoo.
9. If you have any cosmetic treatments near a tattooed area e.g. IPL, Laser, Chemical Peel etc please inform the laser operator of your Cosmetic Tattoo procedures because some treatments when performed near or over a cosmetic tattoo will make the tattoo change colour.

THE EYEBROWS

During the healing process of the EYEBROWS, you will experience a slight tight feeling over and around the tattooed area. As the Eyebrow skin heals, the area can often form a slight crusting which will begin flaking off, taking some colour, over approximately 3-14 days (DO NOT pick or scratch this skin).

Swelling is minimal and with most clients it will disappear within 24 - 48 hours. This will not prevent you from working or socializing. The area can feel just a little tender for a few days but you will love the result and wonder why you waited so long to have it done. When this healing process is finished, the result in 6 weeks will in most cases, be a soft muted colour which looks like a softly drawn pencil, however this depends on the colour selected.

Powder Feathering of Eyebrows

Immediately after your treatment, you will need to constantly 'blot' the eyebrows for 1-2 hours. They will weep a clear fluid which is normal. Blot them firmly with a moistened wipe (provided in your aftercare pack) to remove the fluid, otherwise a crusting or scab will build up which will physically remove part of the tattooed colour. Keep an eye on them for the next 24 hours as this fluid can still seep out.

Apply a fine smear of Bepanthen ointment every 4-6 hours with a cotton tip for 14 days to promote healing and colour retention over the eyebrow area. There is no pain, only a slight tenderness around the Eyebrow Tattoo. Slight swelling and bruising may occur lasting around 24-48 hours. Cold compresses or ice packs (provided in your aftercare pack) will help bring the swelling down, if necessary. Please read the instructions in your aftercare pack as they outline the contents of the pack and how to use any medications contained.

Micro Hair Stroke Tattooing of Eyebrows or Combination Feathering & Hair Stroke Tattooing

Immediately after your treatment, the area will weep a clear fluid which is normal. Do not blot or wipe the area for 7 days. Immediately after the treatment, a thin smear of Bactroban ointment will be applied using a cotton tip. You must continue to apply a thin smear of Bactroban ointment every 6 hours for 7 days (provided in your aftercare pack) which will act as a barrier against dirt, help trap in the healing fluid and maintain an antibacterial protection over the tattooed area. Please read the instructions in your aftercare pack as they outline the contents of the pack and how to use any medications contained.

The area must be kept dry at all times for 7 days and if the area does get wet it must be 'blotted' dry using the wipe provided in the aftercare pack.

After 7 days, you can use a gentle cleanser over the tattooed eyebrow area (provided in your aftercare pack).

After 7 days you should start to apply Bepanthen Antiseptic Ointment twice daily to promote healing and colour retention over the area.

FULL LIP COLOUR OR LIP LINE & LIP BLEND

Following the procedure you must continue to gently "blot" the new lip treatment firmly for at least 1-2 hours, sometimes longer, to remove the clear fluid that naturally weeps from the treated skin. Leaving this to dry will cause scabbing and a very uncomfortable feeling.

Once the anaesthetic injection has worn off, swelling is very obvious and subsides over the next 24 to 48 hours. With some people it can last a little longer depending on how full the lips are to begin with and the type of tattooing performed i.e. full lip vs touch up. The fuller they are the more they will swell. A cold ice compress will help to reduce the swelling (available in your aftercare pack). Please read the instructions in your aftercare pack as they outline the contents of the pack and how to use any medications contained.

Lips will be tender and very dry and it is vital that you keep them moist with the Bepanthen Antiseptic ointment provided in your aftercare pack. Apply the Bepanthen Antiseptic ointment frequently or alternatively an antiviral treatment balm (e.g. Zovirax ointment) if you have suffered with cold sores in the past. After 3-7 days, the dry skin should flake off the lips. Use moisturizing creams/balms for a minimum of one month to condition the lips.

The colour after 2 weeks will be lighter, then after 4-6 weeks the true colour will show through. Lipstick/coloured gloss should not be worn for 5 days after the treatment.

There are NO free adjustments to the overall lip colour. At your complimentary review consultation at 4-6 weeks, the colour and shape can be assessed and a further adjustment treatment may be required.

This adjustment will be performed at a minimal charge. As mentioned in the treatment information, the Full Lip Colour or Blend procedures can be a process of subsequent visits in order to achieve an overall intense saturated colour result.

These visits will be charged according to the price list. Please refer to it for any further costs. Further charges are to cover the costs for anaesthetics and the time required to perform the treatment. A clearer impression of the final colour will be visible in around 8 weeks.

NB: Cold Sore Sufferers – Zovirax antiviral tablets are available for purchase from Rejuven8 Cosmetix prior to your treatment to prevent the occurrence of cold sores. If you do not purchase and take these tablets prior to your treatment you can purchase them immediately after your treatment. L-Lysine Tablets and Cold Sore Creams can also be taken/applied before and after your treatment as well as being continued after your adjustment treatment in 6-8 weeks. Continue with the antiviral medication after the treatment and refer to our Cold Sore Leaflet for more details or call the clinic (07) 55 933 388 for information or advice.

THE EYELINER

Swelling after eyeliner tattooing differs with each person. With most people after a treatment, the eyes can look like you have been crying with watering and mild redness to the eye and tissues surrounding the eye.

Swelling, if present, may last for 24-48 hours. A cold compress will help reduce the swelling and any redness in the eyes can be helped by using the salt water to gently bathe the eyes (both are available in your aftercare pack). Please read the instructions in your aftercare pack as they outline the contents of the pack and how to use any medications contained.

Keep the area moist with a very SMALL smear of Bepanthen Antiseptic ointment, applied with a cotton tip, twice a day for 3 days, then once a day for 4 days. There is hardly any noticeable healing following eyeliner tattooing and skin shedding is minimal.

Bruising can occur and sometimes this is delayed, appearing on the skin around the eyes and on the upper eyelid 1-2 days after the treatment. It will settle spontaneously but can be helped by using /arnica tablets (available for purchase from the clinic).

PLEASE NOTE: IF ANY UNUSUAL REDNESS, EXCESSIVE ITCHINESS, LUMPS, PROLONGED TENDERNESS OR SWELLING APPEAR ON ANY OF THE TATTOOED AREAS CALL OUR OFFICE IMMEDIATELY ON (07) 55 933 388.

FOLLOW UP TREATMENT

It is best to wait 4-6 weeks before considering any adjustments to Cosmetic Tattoo Face and Body Procedures. A review appointment will be arranged for 4-6 weeks after your initial treatment. At that time, any minor adjustments required will be performed free of charge for eyebrow & eyeliner tattoos and for a minimal charge if altering a lip tattoo.

We advise you to have your Cosmetic Tattoo Treatments retouched and refreshed with colour every 12 months. Ask about our Special Refresh and Retouch prices or see our price list for information.

ENJOY WAKING UP WITH MAKEUP.

Diana Joyner