

PRE TREATMENT CHECKLIST

COLLAGEN STIMULATING TREATMENT– e.g. Sculptra

The following checklist is essential to ensure your safety if undergoing a treatment at Rejuven8 Cosmetix. Please review the checklist to ensure you have followed all the points enclosed before having your treatment. This pre-treatment checklist will be available in the form of a questionnaire to be filled out and signed prior to your treatment.

THIS TREATMENT:

MUST NOT BE DONE IF YOU ARE UNDER 18YRS AGE UNLESS YOU HAVE A PARENT OR GUARDIAN WITH YOU ON THE DAY OF THE TREATMENT

MUST NOT BE DONE IF YOU ARE PREGNANT AND/OR BREAST FEEDING

MUST NOT BE DONE IN THE SAME AREA/S IF PREVIOUSLY INJECTED WITH A PERMANENT FILLER e.g. Aquamid

MUST NEVER HAVE A DIFFERENT COLLAGEN STIMULATING PRODUCT INJECTED IN THE SAME AREA/S e.g. Ellanse injected over Sculptra or Sculptra injected over Radiesse

MUST NOT BE DONE ON OR NEAR TO ANY PERMANENT IMPLANT

SHOULD NOT BE DONE IF YOU SUFFER WITH THE FOLLOWING MEDICAL CONDITIONS:

RECURRENT SEVERE ALLERGIC REACTIONS TO ANY MEDICATIONS OR PRODUCTS

CURRENT ACTIVE SKIN INFECTION AT SITE OF TREATMENT

PREVIOUS HISTORY OF ALLERGIC REACTION TO DERMAL FILLER, CONTOUR FILLER, COLLAGEN STIMULATORS OR LONG ACTING FILLERS

ALLERGIC REACTION TO LOCAL ANAESTHETICS

ABNORMAL SKIN HEALING OR SCARRING e.g. Keloid or Hypertrophic scarring

COLD SORES IN THE AREA TO BE TREATED – UNLESS YOU ARE TAKING AN ORAL ANTI-VIRAL PREVENTATIVE MEDICATION (Available on request at Rejuven8 Cosmetix)

ABNORMAL BLEEDING OR LOW PLATELET COUNT e.g. thrombocytopenia, Hemophilia

CONNECTIVE TISSUE DISEASE

AUTOIMMUNE DISEASE

SJOGRENS SYNDROME

SYSTEMIC LUPUS ERYTHEMATOSIS (SLE)

SCLERODERMA

RHEUMATOID ARTHRITIS

POLYMYOSITIS/DERMATOMYOSITIS

YOU MUST NOT HAVE TAKEN ROACCUTANE IN THE LAST 6 MONTHS

IN THE LAST 3 MONTHS YOU MUST NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

THE SAME COLLAGEN STIMULATING INJECTIONS TO BE DONE AT THIS TREATMENT

TEMPORARY CONTOUR FILLER INJECTIONS e.g. Voluma, Sub Q, Modelis, Belotero

MEDICAL STRENGTH CHEMICAL PEELS PERFORMED BY NURSE OR DOCTOR e.g. TCA

IN THE LAST 4 WEEKS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

TEMPORARY DERMAL FILLER e.g. Restylane, Juvederm, Belotero

TEMPORARY SKIN HYDRATING INJECTIONS e.g. Vital, Mesolis, Belotero

PLATELET RICH PLASMA INJECTIONS

IN THE LAST 2 WEEKS IF YOU HAVE TAKEN ANY OF THE FOLLOWING MEDICATIONS OR SUPPLEMENTS THE TREATMENT MAY RESULT IN SEVERE BRUISING AND THE EFFECT OF THE TREATMENT MAY BE REDUCED?

CORTISONE AND PREDNISONE

NUROFEN, IBUPROFEN OTHER NON STEROIDAL ANTI-INFLAMMATORY MEDICATION

ANTI-ARTHRITIS MEDICATION e.g. Voltaren, Feldene

WARFARIN

ASPIRIN OR OTHER BLOOD THINNING MEDICATION

FISH OR KRILL OILS, GLUCOSAMINE, VITAMINS E, B, D, MULTIVITAMINS, GINGKO, GARLIC, EVENING PRIMROSE OIL, OMEGA 3

IN THE LAST 48 HOURS IF YOU HAVE DRUNK ANY ALCOHOL INJECTIONS MAY RESULT IN SEVERE BRUISING

FOR 2 WEEKS AFTER YOUR TREATMENT YOU MUST NOT

TAKE ANY ASPIRIN, NUROFEN, CORTISONE, PREDNISONE OR ANTI-ARTHRITIS MEDICATIONS

TAKE ANY FISH OR KRILL OILS, GLUCOSAMINE, VITAMINS E, B, D, MULTIVITAMINS, GINGKO, GARLIC, EVENING PRIMROSE OIL OR OMEGA 3

FOR 7 DAYS AFTER YOUR TREATMENT, YOU MUST NOT DO ANY OF THE FOLLOWING TO THE AREA/S TREATED

EXPOSE THE SKIN TO EXCESS SUNLIGHT OR SOLARIUMS

EXPOSE THE SKIN TO SAUNAS OR HOT WATER

UNDERGO CHEMICAL PEELS

HAVE ANY OTHER COSMETIC TREATMENT ON OR NEAR THE AREA TREATED

FOR 24 HOURS AFTER YOUR TREATMENT, YOU MUST NOT DO ANY OF THE FOLLOWING TO THE AREA/S TREATED

APPLY AHA/BHA OR OTHER ACIDIC SKIN CARE e.g. Vitamin C, Salicylic Acid, Glycolic Acid, Lactic Acid

APPLY OVER THE COUNTER OR PRESCRIPTION VITAMIN A CREAMS/GELS e.g. Zorac, Retin A, Retinol

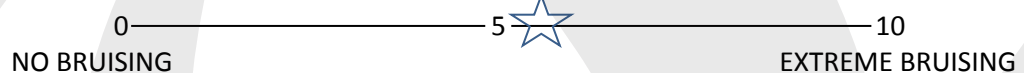
FOR 24 HOURS AFTER YOUR TREATMENT YOU MUST NOT

DRINK ALCOHOL

EXERCISE e.g. Gym, running, pilates, yoga

PLEASE REMEMBER THAT AN AFTERCARE KIT WITH DETAILED INSTRUCTIONS CAN BE PURCHASED WITH THIS TREATMENT TO ENSURE RAPID, EFFECTIVE HEALING REDUCING THE DOWNTIME EXPERIENCED AND ENHANCING THE EFFECTS OF THE TREATMENT

RISK OF BRUISING



DOWNTIME

