

PRE TREATMENT CHECKLIST

INJECTABLE DERMAL FILLER – e.g. Belotero, Restylane, Juvederm, Perlane.

The following checklist is essential to ensure your safety if undergoing a treatment at Rejuven8 Cosmetix. Please review the checklist to ensure you have followed all the points enclosed before having your treatment. This pre-treatment checklist will be available in the form of a questionnaire to be filled out and signed prior to your treatment.

THIS TREATMENT:

MUST NOT BE DONE IF YOU ARE UNDER 18YRS AGE UNLESS YOU HAVE A PARENT OR GUARDIAN WITH YOU ON THE DAY OF THE TREATMENT

MUST NOT BE DONE IF YOU ARE PREGNANT AND/OR BREAST FEEDING

SHOULD NOT BE DONE IF YOU SUFFER WITH THE FOLLOWING MEDICAL CONDITIONS:

- RECURRENT SEVERE ALLERGIC REACTIONS TO MEDICATIONS, PRODUCTS OR TOPICAL AGENTS
- CURRENT ACTIVE SKIN INFECTION AT SITE OF TREATMENT
- PREVIOUS HISTORY OF ALLERGIC REACTION TO DERMAL FILLER OR CONTOUR FILLERS
- ALLERGIC REACTION TO LOCAL ANAESTHETICS
- ABNORMAL SKIN HEALING OR SCARRING e.g. Keloid or Hypertrophic scarring
- COLD SORES IN THE AREA TO BE TREATED – UNLESS YOU ARE TAKING AN ORAL ANTI-VIRAL PREVENTATIVE MEDICATION (Available on request at Rejuven8 Cosmetix)
- ABNORMAL BLEEDING OR LOW PLATELET COUNT e.g. Thrombocytopenia, Hemophilia

IN THE LAST 2 MONTHS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

- SEMI-PERMANENT FILLER e.g. Radiesse, Ellanse
- PERMANENT FILLER INJECTIONS e.g. Aquamid
- COLLAGEN STIMULATING INJECTIONS e.g. Sculptra

IN THE LAST 2 WEEKS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

- PLATELET RICH PLASMA INJECTIONS
- MEDICAL STRENGTH CHEMICAL PEELS PERFORMED BY NURSE OR DOCTOR e.g. TCA

IN THE LAST 7 DAYS IF YOU HAVE TAKEN ANY OF THE FOLLOWING MEDICATIONS OR SUPPLEMENTS THE TREATMENT MAY RESULT IN SEVERE BRUISING?

- NUROFEN, IBUPROFEN OTHER NON STEROIDAL ANTI – INFLAMMATORY MEDICATION
- ANTI-ARTHRITIS MEDICATION e.g. Voltaren, Feldene, Mobic, Indocid
- ASPIRIN OR OTHER BLOOD THINNING MEDICATION
- FISH OR KRILL OILS, GLUCOSAMINE, VITAMINS E, B, D, MULTIVITAMINS, GINGKO, GARLIC, EVENING PRIMROSE OIL, OMEGA 3

IN THE LAST 48 HOURS IF YOU HAVE DRUNK ANY ALCOHOL THE TREATMENT MAY RESULT IN SEVERE BRUISING

FOR 7 DAYS AFTER YOUR TREATMENT, YOU MUST NOT DO ANY OF THE FOLLOWING TO THE AREA/S TREATED

- EXPOSE THE SKIN TO EXCESS SUNLIGHT OR SOLARIUMS
- EXPOSE THE SKIN TO SAUNAS OR HOT SPAS
- WAX OR TINT ON OR NEAR THE AREA/S TREATED
- HAVE CHEMICAL PEELS
- HAVE ANY OTHER COSMETIC TREATMENT ON OR NEAR THE AREA TREATED

FOR 7 DAYS AFTER YOUR TREATMENT YOU MUST NOT

TAKE ANY ASPIRIN, NUROFEN OR ANTI-ARTHRITIS MEDICATIONS

TAKE ANY FISH OR KRILL OILS, GLUCOSAMINE, VITAMINS E, B, D, MULTIVITAMINS, GINGKO, GARLIC, EVENING PRIMROSE OIL OR OMEGA 3

FOR 24 HOURS AFTER YOUR TREATMENT, YOU MUST NOT DO ANY OF THE FOLLOWING TO THE AREA/S TREATED

APPLY AHA/BHA OR OTHER ACIDIC SKIN CARE e.g. Vitamin C, Salicylic Acid, Glycolic Acid, Lactic Acid APPLY

OVER THE COUNTER OR PRESCRIPTION VITAMIN A CREAMS/GELS e.g. Zorac, Retin A, Retinol

FOR 24 HOURS AFTER YOUR TREATMENT YOU MUST NOT

DRINK ALCOHOL

EXERCISE e.g. Gym, running, pilates, yoga

PLEASE REMEMBER THAT AN AFTERCARE KIT WITH DETAILED INSTRUCTIONS IS AVAILABLE WITH THIS TREATMENT TO ENSURE RAPID, EFFECTIVE HEALING REDUCING THE DOWNTIME EXPERIENCED AND ENHANCING THE EFFECTS OF THE TREATMENT

RISK OF BRUISING



DOWNTIME

