

PRE TREATMENT CHECKLIST

PLATELET RICH PLASMA (PRP) INJECTIONS

The following checklist is essential to ensure your safety if you are going on to have a treatment at Rejuven8 Cosmetix. Please review the checklist to ensure you have followed all the points enclosed before having your treatment. This pre-treatment checklist will be available in the form of a questionnaire to be filled out and signed prior to your treatment.

THIS TREATMENT:

MUST NOT BE DONE IF YOU ARE UNDER 18YRS AGE UNLESS YOU HAVE A PARENT OR GUARDIAN WITH YOU ON THE DAY OF THE TREATMENT

MUST NOT BE DONE IF YOU ARE PREGNANT AND/OR BREAST FEEDING

SHOULD NOT BE DONE IF YOU SUFFER WITH THE FOLLOWING MEDICAL CONDITIONS:

RECURRENT SEVERE ALLERGIC REACTIONS TO MEDICATIONS, PRODUCTS OR TOPICAL AGENTS

CURRENT ACTIVE SKIN INFECTION AT SITE OF TREATMENT

ALLERGIC REACTION TO LOCAL ANAESTHETICS

COLD SORES IN THE AREA TO BE TREATED – UNLESS YOU ARE TAKING AN ORAL ANTI-VIRAL

PREVENTATIVE MEDICATION (Available on request at Rejuven8 Cosmetix)

ABNORMAL BLEEDING OR LOW PLATELET COUNT e.g. Thrombocytopenia

PLATELET DYSFUNCTION SYNDROME

ACUTE LIVER DISEASE e.g. Hepatitis

UNSTABLE DIABETES OR DIABETES TYPE 2

CANCER – CURRENT OR PAST HISTORY

ACUTE OR CHRONIC GENERAL INFECTION

HYPOFIBRINOGENAEMIA

SYSTEMIC LUPUS ERYTHEMATOSIS (SLE)

PORPHYRIA – i.e. Acute Sensitivity to sunlight

AUTOIMMUNE DISEASE

CONNECTIVE TISSUE DISEASE

THE BENEFICIAL EFFECTS OF PLATELET RICH PLASMA TREATMENTS IS REDUCED IN THE FOLOWING SITUATIONS:

SMOKERS

EXCESSIVE INTAKE OF ALCOHOL

MULTIPLE PRESCRIPTION MEDICATIONS

IN THE LAST 3 MONTHS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

SEMI-PERMANENT FILLER e.g. Radiesse, Ellanse

PERMANENT FILLER INJECTIONS e.g. Aquamid

COLLAGEN STIMULATING INJECTIONS e.g. Sculptra

IN THE LAST 2 WEEKS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

DERMAL FILLER

CONTOUR FILLER

IN THE LAST 7 DAYS YOU MUST NOT HAVE TAKEN ANY OF THE FOLLOWING MEDICATIONS OR SUPPLEMENTS?

CORTICOSTEROIDS OR PREDNISONE

NUROFEN, IBUPROFEN OTHER NON STEROIDAL ANTI-INFLAMMATORY MEDICATION

ANTI-ARTHRITIC MEDICATION e.g. Voltaren, Feldene

WARFARIN

ASPIRIN OR OTHER BLOOD THINNING MEDICATION

FISH OILS, KRILL OILS, GLUCOSAMINE, VITAMIN E, VITAMIN B, VITAMIN D, MULTIVITAMINS, GINGKO, GARLIC, EVENING PRIMROSE OIL, OMEGA 3

IN THE LAST 48 HOURS IF YOU HAVE DRUNK ANY ALCOHOL INJECTIONS MAY RESULT IN SEVERE BRUISING

FOR 7 DAYS AFTER YOUR TREATMENT, YOU MUST NOT DO ANY OF THE FOLLOWING TO THE AREA TREATED:

EXPOSE THE SKIN TO EXCESS SUNLIGHT OR SOLARIUMS

EXPOSE THE SKIN TO SAUNAS OR HOT WATER

WAX OR TINT ON OR NEAR THE AREA/S TREATED

HAVE FACIALS OR FACIAL/NECK MASSAGES

HAVE CHEMICAL PEELS

HAVE ANY OTHER COSMETIC TREATMENT ON OR NEAR THE AREA TREATED

FOR 7 DAYS AFTER YOUR TREATMENT YOU MUST NOT

TAKE ANY ASPIRIN, NUROFEN OR ANTI-ARTHRITIS MEDICATIONS

TAKE ANY FISH OILS, KRILL OILS, GLUCOSAMINE, VITAMIN E, VITAMIN B, VITAMIN D, MULTIVITAMINS, GINGKO, GARLIC, EVENING PRIMROSE OIL OR OMEGA 3

FOR 24 HOURS AFTER YOUR TREATMENT, YOU SHOULD NOT DO ANY OF THE FOLLOWING TO THE AREA/S TREATED

APPLY AHA/BHA OR OTHER ACIDIC SKIN CARE e.g. Vitamin C, Salicylic Acid, Glycolic Acid, Lactic Acid

APPLY OVER THE COUNTER OR PRESCRIPTION VITAMIN A CREAMS/GELS e.g. Zorac, Retin A, Retinol

FOR 24 HOURS AFTER YOUR TREATMENT YOU SHOULD NOT

DRINK ALCOHOL

EXERCISE e.g. Gym, running, pilates, yoga

PLEASE REMEMBER THAT AN AFTERCARE KIT WITH DETAILED INSTRUCTIONS IS AVAILABLE WITH THIS TREATMENT TO ENSURE RAPID, EFFECTIVE HEALING REDUCING THE DOWNTIME EXPERIENCED AND ENHANCING THE EFFECTS OF THE TREATMENT

