



PRE TREATMENT CHECKLIST

RESPECT YOUR SKIN REJUVENATION

The following checklist is essential to ensure your safety if you are going on to have a treatment at Rejuven8 Cosmetix. Please review the checklist to ensure you have followed all the points enclosed before having your treatment. This pre-treatment checklist will be available in the form of a questionnaire to be filled out and signed prior to your treatment.

THIS TREATMENT:

MUST NOT BE DONE IF YOU ARE UNDER 18YRS AGE UNLESS YOU HAVE A PARENT OR GUARDIAN WITH YOU ON THE DAY OF THE TREATMENT

MUST NOT BE DONE OVER SCARS FROM INJURIES OR SURGERY - YOU MUST INFORM YOUR COSMETIC PRACTITIONER IF THERE ARE ANY SCARS FROM INJURIES OR SURGERIES IN THE AREA TO BE TREATED

MUST NOT BE DONE IF YOU ARE PREGNANT

MUST NOT BE DONE OVER A COSMETIC TATTOO

MUST NOT BE DONE OVER A PACEMAKER OR METALLIC IMPLANT

MUST NOT BE DONE OVER A PERMANENT SURGICAL IMPLANT OR FACIAL THREADS

CAN BE DONE IF YOU ARE BREAST FEEDING BUT PLEASE NOTE THAT THE TREATMENT, IF FOR PIGMENTATION, MAY NOT BE AS EFFECTIVE

CAN BE DONE IF YOU ARE CURRENTLY TAKING ORAL CONTRACEPTIVE PILL OR ANY OTHER MEDICAL OR NATURAL HORMONAL SUPPLEMENTS BUT PLEASE NOTE THAT THE TREATMENT, IF FOR PIGMENTATION, MAY NOT BE AS EFFECTIVE

SHOULD NOT BE DONE IF YOU SUFFER WITH THE FOLLOWING MEDICAL CONDITIONS:

SKIN CANCERS IN THE AREA TO BE TREATED OR RECURRENT SUN SPOTS

VITILIGO – WHITE PATCHES ON THE SKIN

ABNORMAL SKIN HEALING WITH KELOID OR HYPERTROPHIC SCARS – RAISED RED ITCHY SCARS AFTER INJURIES OR SURGERY

EPILEPSY

PORPHRIA – ACUTE REACTION TO SUNLIGHT

COLD SORES IN THE AREA TO BE TREATED – UNLESS YOU ARE TAKING AN ORAL ANTI-VIRAL PREVENTATIVE MEDICATION (Available on request at Rejuven8 Cosmetix)

TYPE 2 DIABETES OR ANY POORLY CONTROLLED DIABETES

YOU MUST NOT HAVE TAKEN ROACCUTANE IN THE LAST 6 MONTHS

YOU MUST NOT HAVE TAKEN GOLD THERAPY FOR ARTHRITIS IN THE LAST 6 MONTHS

IN THE LAST 6 MONTHS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

FULL ABLATIVE LASER RESURFACING e.g. CO2 laser

FRACTIONAL ABLATIVE LASER RESURFACING e.g. Pearl, Pearl Fractional

MEDICAL STRENGTH CHEMICAL PEELS PERFORMED BY NURSE/DOCTOR e.g. TCA,

Obagi LIQUID NITROGEN / CRYOTHERAOPY SPRAY TO SUN SPOTS

LASER TATTOO REMOVAL

PDT (PHOTODYNAMIC THERAPY) for recurrent abnormal skin lesions such as sun spots

IN THE LAST 3 MONTHS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

FRACTIONAL NON ABLATIVE LASER RESURFACING e.g. Fraxel

LASER PIGMENTATION TREATMENT e.g. copper bromide

IN THE LAST 4 WEEKS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

TEMPORARY DERMAL FILLER e.g. Restylane, Juvederm
TEMPORARY SKIN HYDRATING INJECTIONS e.g. Vital, Mesolis
TEMPORARY CONTOUR FILLER INJECTIONS e.g. Voluma, Sub Q, Modelis
SEMI-PERMANENT FILLER e.g. Radiesse, Ellanse
PERMANENT FILLER INJECTIONS e.g. Aquamid
COLLAGEN STIMULATING INJECTIONS e.g. Sculptra
PLATELET RICH PLASMA INJECTIONS
GENERAL CHEMICAL PEELS PERFORMED BY DERMAL / BEAUTY THERAPIST e.g. Glycolic, Jessners
SKIN NEEDLING OR DERMAPEN
IPL (INTENSE PULSED LIGHT) SKIN REJUVENATION
LASER HAIR REDUCTION
IPL (INTENSE PULSED LIGHT) HAIR REDUCTION
LASER VEIN TREATMENT
PHOTOABRASION TREATMENT
RESPECT YOUR SKIN TREATMENT

IN THE LAST 4 WEEKS IF YOU HAVE TAKEN ANY OF THE FOLLOWING MEDICATIONS OR SUPPLEMENTS YOU SHOULD NOTIFY YOUR COSMETIC PRACTITIONER:

ORAL STEROIDS OR PREDNISONE
PROLONGED COURSE OF TETRACYCLINE ANTIBIOTIC e.g. Minomycin, Doryx, Akamin
PROLONGED COURSE OF SULPHONAMIDE ANTIBIOTIC e.g. Bactrim, Septrim
HEART MEDICATION CALLED AMIODARONE e.g. Cordarone, Nextrone
HEART MEDICATION CALLED DILTIAZEM e.g. Cardizem
DIURETIC MEDICATION OR 'FLUID PILL' e.g. Thiazides, Lasix, Irbesartan, Moduretic
BLOOD PRESSURE MEDICATION e.g. Acetec, Enalapril, Capoten
ANTIDEPRESSANT OR ANTIANXIETY MEDICATIONS e.g. Phenothiazines, Tricyclics, Endep, Elavil
ORAL CONTRACEPTIVE PILL
HORMONE REPLACEMENT THERAPY e.g. Oestrogens, Progesterones
THYROID MEDICATIONS e.g. Thyroxine
TESTOSTERONE MEDICATIONS
ANTI ARTHRITIS MEDICATION e.g. Voltaren, Indocid, Feldene
ANTI EPILEPTIC MEDICATIONS e.g. Chlorpromazine, Fluphenazine, Tegretol, Dilantin
ANTIDIABETIC MEDICATION e.g. Sulphonylureas, Diamox, Glipizide
ANTI FUNGAL MEDICATIONS e.g. Griseofulvin, Lamisil
CHOLESTEROL MEDICATIONS e.g. Statins, Lipitor, Zocor
ST JOHNS WORT SUPPLEMENT

IN THE LAST 2 WEEKS YOU MUST NOT HAVE APPLIED ANTI SKIN CANCER CREAMS PRESCRIBED BY A DOCTOR TO THE SKIN AREA TO BE TREATED e.g. Aldara, Efudix, Solase

IN THE LAST 1 WEEK IF YOU HAVE TAKEN ANY OF THE FOLLOWING MEDICATIONS OR SUPPLEMENTS YOU SHOULD NOTIFY YOUR COSMETIC PRACTITIONER:

NUROFEN, IBUPROFEN OR OTHER NON STEROIDAL ANTI –INFLAMMATORY MEDICATION
ANTIHISTAMINES e.g. Demazin, Phenergan, Hismanal, Polaramine, Periactin
ANTI FUNGAL MEDICATIONS e.g. Griseofulvin, Lamisil
CIPROFLOXACILLIN ANTIBIOTIC e.g. Ciproxin, Cipro, Proquin, Ciprofloxacin
TETRACYCLINE ANTIBIOTIC e.g. Minomycin, Doryx, Akamin
SULPHONAMIDE ANTIBIOTIC e.g. Bactrim, Septrim

IN THE LAST 1 WEEK YOU SHOULD NOT HAVE APPLIED ANY OF THE FOLLOWING MEDICATIONS TO THE SKIN AREA TO BE TREATED

VITAMIN A CREAM/GEL PRESCRIBED BY A DOCTOR e.g. Retin A, Stieva A, Zorac, Retinol, Differin, Epiduo

ANTIBIOTIC CREAM/GEL PRESCRIBED BY A DOCTOR e.g. Eryacne gel, Duac

STEROID CREAM PRESCRIBED BY A DOCTOR e.g. Diprosone, Elocon

IN THE LAST 2 WEEKS YOU MUST NOT HAVE HAD A SPRAY TAN OR APPLIED FAKE TANNING CREAMS TO THE AREA YOU ARE ABOUT TO HAVE TREATED

IN THE LAST 7 DAYS YOU MUST NOT HAVE EXPOSED YOUR SKIN TO EXCESS UNPROTECTED SUNLIGHT

IN THE LAST 7 DAYS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

LOW INTENSITY LASER SKIN REJUVENATION e.g. Laser Genesis

IN THE LAST 7 DAYS YOU SHOULD NOT HAVE APPLIED THE FOLLOWING TO THE SKIN IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

VITAMIN A PREPARATIONS FROM BEAUTY/DERMAL THERAPIST OR OVER THE COUNTER

ANTI – PIGMENTATION PREPARATIONS

BENZOYL PEROXIDE PREPARATIONS e.g. Proactive

HOME PEELING CREAMS

IN THE LAST 24 HOURS YOU MUST NOT HAVE HAD ANY OF THE FOLLOWING TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

BOTULINUM TOXIN INJECTIONS

IN THE LAST 24 HOURS YOU SHOULD NOT HAVE APPLIED THE FOLLOWING TO THE SKIN IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

AHA/BHA SKIN CARE PREPARATIONS e.g. Glycolic Cleanser or Scrub, Clearskin gel

HOME ROLLER OR HOME NEEDLING DEVICE e.g. skin inject

IF YOU ARE HAVING RESPECT YOUR SKIN REJUVENATION TREATMENT DONE IN A HAIRY AREA YOU MUST CLOSE SHAVE THE AREA ON THE DAY OF THE TREATMENT (REMEMBER THAT IPL WILL LEAD TO SECONDARY HAIR REDUCTION IN THE AREA TREATED)

PLEASE REMEMBER THAT AN AFTERCARE KIT WITH DETAILED INSTRUCTIONS IS AVAILABLE FOR PURCHASE WITH THIS TREATMENT TO ENSURE RAPID, EFFECTIVE HEALING REDUCING THE DOWNTIME EXPERIENCED AND ENHANCING THE EFFECTS OF THE TREATMENT

