

PRE TREATMENT CHECKLIST

TRUSCULPT FAT & CELLULITE REDUCTION TREATMENT

The following checklist is essential to ensure your safety if you are going on to have a treatment at Rejuven8 Cosmetix. Please review the checklist to ensure you have followed all the points enclosed before having your treatment. This pre-treatment checklist will be available in the form of a questionnaire to be filled out and signed prior to your treatment.

THIS TREATMENT:

MUST NOT BE DONE IF YOU ARE UNDER 18YRS AGE UNLESS YOU HAVE A PARENT OR GUARDIAN WITH YOU ON THE DAY OF THE TREATMENT

MUST NOT BE DONE OVER SCARS FROM INJURIES OR SURGERY - YOU MUST INFORM YOUR COSMETIC PRACTITIONER IF THERE ARE ANY SCARS FROM INJURIES OR SURGERIES IN THE AREA TO BE TREATED

MUST NOT BE DONE IF YOU ARE PREGNANT

SHOULD NOT BE DONE IF YOU SUFFER WITH THE FOLLOWING MEDICAL CONDITIONS:

- SKIN CANCERS OR RECURRENT SUN SPOTS IN THE AREA TO BE TREATED
- COLD SORES IN THE AREA TO BE TREATED – UNLESS YOU ARE TAKING AN ORAL ANTI-VIRAL PREVENTATIVE MEDICATION (Available on request at Rejuven8 Cosmetix)
- TYPE 2 DIABETES OR ANY POORLY CONTROLLED DIABETES
- ABNORMAL SKIN HEALING OR SCARRING e.g. Keloid or Hypertrophic scarring
- ABNORMAL BLEEDING OR LOW PLATELET COUNT e.g. Thrombocytopenia, Hemophilia
- CURRENT ACTIVE SKIN INFECTION AT SITE OF TREATMENT
- HEART DISEASE WITH IRREGULAR HEART RATE
- CARDIAC PACEMAKERS OR INTERNAL DEFIBRILLATORS
- MULTIPLE SCLEROSIS
- CIRCULATION DISORDERS OR WEAKENED BLOOD VESSELS e.g. ARTERIOSCLEROSIS
- THROMBOSIS OR THROMBOPHLEBITIS

SHOULD NOT BE DONE OVER OR NEAR TO THE FOLLOWING AREAS

- IMPLANTED DEVICES, INCLUDING METALLIC IMPLANTS, ELECTRONIC IMPLANTS, TIME-RELEASED MEDICAL IMPLANTS, AND SUPERFICIALLY PLACED BODY CONTOURING IMPLANTS
- NEAR OR OVER THE HEART
- OVER REPRODUCTIVE ORGANS
- DIRECTLY OVER THE SPINAL COLUMN
- OVER HEALING FRACTURES OR BONE GROWTH AREAS
- PLACES WHERE THE SKIN SUFFERS FROM ANY SENSORY IMPAIRMENT e.g. lower legs in Diabetes

YOU MUST NOT HAVE TAKEN ROACCUTANE IN THE LAST 6 MONTHS

IN THE LAST 6 MONTHS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

- FULL ABLATIVE LASER RESURFACING e.g. CO2 laser
- FRACTIONAL ABLATIVE LASER RESURFACING e.g. Pearl, Pearl Fractional
- MEDICAL STRENGTH CHEMICAL PEELS PERFORMED BY NURSE/DOCTOR e.g. TCA, Obagi
- LIQUID NITROGEN / CRYOTHERAOPY SPRAY TO SUN SPOTS
- LASER TATTOO REMOVAL

IN THE LAST 3 MONTHS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

- FRACTIONAL NON ABLATIVE LASER RESURFACING e.g. Fraxel

LASER PIGMENTATION TREATMENT e.g. copper bromide

PDT (PHOTODYNAMIC THERAPY) for recurrent abnormal skin lesions such as sun spots

IN THE LAST 4 WEEKS YOU SHOULD NOT HAVE HAD ANY OF THE FOLLOWING COSMETIC TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED?

TEMPORARY DERMAL FILLER e.g. Restylane, Juvederm

TEMPORARY SKIN HYDRATING INJECTIONS e.g. Vital, Mesolis

TEMPORARY CONTOUR FILLER INJECTIONS e.g. Voluma, Sub Q, Modelis

SEMI-PERMANENT FILLER e.g. Radiesse, Ellanse

PERMANENT FILLER INJECTIONS e.g. Aquamid

COLLAGEN STIMULATING INJECTIONS e.g. Sculptra

PLATELET RICH PLASMA INJECTIONS

GENERAL CHEMICAL PEELS PERFORMED BY DERMAL / BEAUTY THERAPIST e.g. Glycolic, Jessners

SKIN NEEDLING OR DERMAPEN

LASER HAIR REDUCTION

IPL (INTENSE PULSED LIGHT) HAIR REDUCTION LASER

VEIN TREATMENT

IPL (INTENSE PULSED LIGHT) SKIN REJUVENATION

PHOTOABRASION TREATMENT

RESPECT YOUR SKIN TREATMENT

IN THE LAST 4 WEEKS YOU MUST NOT HAVE APPLIED ANTI SKIN CANCER CREAMS PRESCRIBED BY A DOCTOR TO THE SKIN AREA TO BE TREATED e.g. Aldara, Efudix, Solase

IN THE LAST 2 WEEKS YOU SHOULD NOT HAVE APPLIED ANY OF THE FOLLOWING MEDICATIONS TO THE SKIN AREA TO BE TREATED

VITAMIN A CREAM/GEL PRESCRIBED BY A DOCTOR e.g. Retin A, Stieva A, Zorac, Retinol, Differin, Epiduo

STEROID CREAM PRESCRIBED BY A DOCTOR e.g. Diprosone, Elocon

IN THE LAST 7 DAYS YOU SHOULD NOT HAVE EXPOSED THE SKIN TO EXCESS UNPROTECTED SUNLIGHT

IN THE LAST 7 DAYS YOU SHOULD NOT HAVE APPLIED THE FOLLOWING TO THE SKIN IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED

VITAMIN A PREPARATIONS FROM BEAUTY/DERMAL THERAPIST OR OVER THE COUNTER

ANTI – PIGMENTATION PREPARATIONS

HOME PEELING CREAMS

IN THE LAST 24 HOURS YOU MUST NOT HAVE HAD ANY OF THE FOLLOWING TREATMENTS DONE IN THE SAME AREA YOU ARE ABOUT TO HAVE TREATED


BOTULINUM TOXIN INJECTIONS

TRUSCULPT TREATMENTS REQUIRES THE USE OF A STICKY PAD THAT IS APPLIED TO THE SKIN AND THIS MUST BE A HAIR FREE AREA SO SHAVING OF AN AREA MAY BE REQUIRED ON THE DAY OF THE TREATMENT.

YOU WILL BE OFFERED PAIN RELIEF (PANADEINE, PANADEINE FORTE OR PARACETAMOL) AND A RELAXANT (VALIUM) MEDICATION PRIOR TO THE TREATMENT – PLEASE NOTIFY YOUR PARACTITIONER IF YOU ARE ALLERGIC OR CAN'T TAKE THESE MEDICATIONS FOR ANY OTHER REASON

PLEASE REMEMBER THAT AN AFTERCARE KIT WITH DETAILED INSTRUCTIONS IS AVAILABLE FOR PURCHASE WITH THIS TREATMENT TO ENSURE RAPID, EFFECTIVE HEALING REDUCING THE DOWNTIME EXPERIENCED AND ENHANCING THE EFFECTS OF THE TREATMENT

RISK OF BRUISING  0 ————— 5 ————— 10
NO BRUISING EXTREME BRUISING

DOWNTIME  0 ————— 7 DAYS ————— 14 DAYS
NO DOWNTIME